

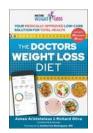
9781950994212 Pub Date: 1/4/22 \$26.99 USD Hardcover Carton Qty: 24

The Maiden of All Our Desires: A Novel

For fans of Hillary Mantel, Maggie O'Farrell, and Emma Donoghue, a devastating novel of love, intrique, and community in a time of sickness that remade the world.

Fourteenth-century Europe. The Black Death has killed half the known world, andin an isolated convent, a small group of nuns spends their ...





9781510768383 Pub Date: 1/4/22 \$24.99 USD Hardcover with dust jacket Carton Qty: 24

The Doctors Weight Loss Diet: Your Medically Approved Low-Carb Solution for Total Health

Lose up to twenty pounds per month and see results without giving up pasta or chocolate!

The scientifically proven low-carbohydrate nutrition plan has produced fast and dramatic results for millions of dieters, but cutting carbs and sugar can be difficult! This medically-approved, doctor-developed so...



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9781949102574 Pub Date: 1/4/22 \$26.99 USD Hardcover Carton Qty: 16

Jack Four: New Neal Asher Trilogy

A thrilling, fast-paced standalone novel in Neal Asher's acclaimed Polity universe

Created to die-determined to live . . .

Jack Four-one of twenty human dones-has been created to be sold. His purchasers are the alien prador and they only want him for their experimentation program. But there is someth...





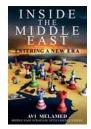
9781510770669 Pub Date: 1/4/22 \$26.99 USD Hardcover Carton Qty: 24

The Sparrows of Montenegro: A Novel

Tree "Bigfoot" Smith and Cedar Jones first meet on the day they join the US Cavalry's Fourth Cavalry Regiment based out of the Historic Fort Concho in what is now San Angelo, Texas, in 1870.

Their journey takes them into the heart of the dangerous Llano Estacado region known as the Comancheria. The a...





9781510769335 Pub Date: 1/4/22 \$29.99 USD Hardcover Carton Qty: 24

Inside the Middle East: Entering a New Era

An unparalleled insider's analysis of the Middle East as it is today.

Six years have passed since the publication of Inside the Middle East: Making Sense of the Most Dangerous and Complicated Region on Earth. The goal of that 2016 book was to provide the database to understand the contemporary Middle...





9781680997477 Pub Date: 1/4/22 \$19.99 USD Trade Paperback Carton Qty: 24

Fix-It and Forget-It Instant Pot Light & Healthy Cookbook: 7-Ingredient Recipes for Weight Loss and Heart Health

127 tasty, fun, fast, and healthy Instant Pot recipes for the whole family

Here are more than 100 heart healthy, low-calorie, fresh recipes that the whole family will love. All are made in an Instant Pot—your solution for tasty, terrific meals without a lot of time or trouble! Whether your goal is we...





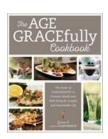
9781510767287 Pub Date: 1/4/22 \$19.99 USD Trade Paperback Carton Qty: 18

Raw Food: 120 Dinners, Breakfasts, Snacks, **Drinks, and Desserts**

Discover the benefits of a raw food lifestyle! With dozens of recipes accompanied with beautiful, full-color photographs, Erica Palmcrantz and Irmela Lilja prove that eating raw foods can be simple, inexpensive, and delicious.

The stories of weight loss, increased energy, healthylooking skin, and be...





9781510768994 Pub Date: 1/4/22 \$16.99 USD Trade Paperback Carton Qty: 16

The Age GRACEfully Cookbook: The Power of **FOODTRIENTS** to Promote Health and Well-being for a Joyful and Sustainable Life

Winner of the Independent Publishers' Living Now Award! Learn to eat right for abundant health and a long, beautiful life!

FoodTrients, originated by Grace O, is a unique program supported by current research that positions food as an anti-aging strategy for achieving sustainable health. A FoodTrient...



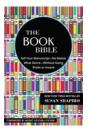


9781510768499 Pub Date: 1/4/22 \$17.99 USD Trade Paperback Carton Qty: 30

Unusual Uses for Ordinary Things: 250 Creative Solutions Using Everyday Items

Most people use nail polish remover to remove nail polish. They use coffee grounds to make coffee and hair dryers to dry their hair. The majority of people may also think that the use of eggs, lemons, mustard, butter, and mayonnaise should be restricted to making delicious food in the kitchen. The I...



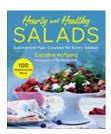


9781510762701 Pub Date: 1/4/22 \$14.99 USD Trade Paperback Carton Qty: 24

The Book Bible: How to Sell Your Manuscript—No Matter What Genre-Without Going Broke or **Insane**

A Brilliant, Buoyant Guide to Publishing Your Book Hundreds of thousands of books come out every year worldwide. So why not yours? In The Book Bible, New York Times bestseller and wildly popular Manhattan writing professor Susan Shapiro reveals the best and fastest ways to break into a mainstream pub...





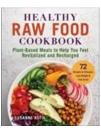
9781510764866 Pub Date: 1/4/22 \$19.99 USD Trade Paperback Carton Qty: 24

Healthy and Hearty Salads: Substantial Main Courses for Every Season

Filling salads for every season and every taste!

Salads are often considered an appetizer or a summertime meal. When the weather is too hot, lightly tossed greens with seasonal fruits and veggies are perfect for cooling the body and filling the stomach. But with rich, filling ingredients and heartier...





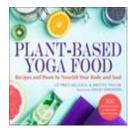
9781510764873 Pub Date: 1/4/22 \$19.99 USD Trade Paperback Carton Qty: 20

Healthy Raw Food Cookbook: Plant-Based Meals to Help You Feel Revitalized and Recharged

A healthy way to get great skin, improved digestion, and increased vitality!

The raw food movement is best known for its emphasis on eating tasty vegetables that greatly improve your health. Raw food cooking is embraced by vegetarians, vegans, and those on gluten-free diets every day. The secret to c...





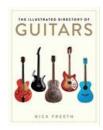
9781510765047 Pub Date: 1/4/22 \$24.99 USD Trade Paperback Carton Qty: 16

Plant-Based Yoga Food: Recipes and Poses to **Nourish Your Body and Soul**

Written by a yoga student and teacher, Plant-Based Yoga Food is a visually rich exploration of how the inner awareness we develop on our yoga mats fuels our bodies, minds, and overall states of well-being, which subsequently impacts our lifestyles and food experiences.

This book is comprised of one h...





9781510756564 Pub Date: 1/4/22 \$24.99 USD Trade Paperback Carton Qty: 6

The Illustrated Directory of Guitars

The most comprehensive reference book available to collectors, luthiers, musicians and the general reader.

The Illustrated Directory series provide enthusiasts with a fully illustrated, comprehensive, hardcover reference book packed with timelines, historical facts and images designed to inform and e...



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9781621538011 Pub Date: 1/4/22 \$14.99 USD Trade Paperback Carton Qty: 36

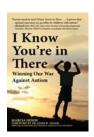
Maximize Your Medicare: 2022-2023 Edition: Qualify for Benefits, Protect Your Health, and Minimize Your Costs

"A must-read for both current and future retirees." -Robert Powell, Retirement Daily

Includes the Most Up-to-Date Information for 2022-2023

Confused by Medicare? Get answers from Maximize Your Medicare, an informative guide by nationally recognized expert Jae W. Oh. Maximize Your Medicare helps reader...





9781510771062 Pub Date: 1/4/22 \$19.99 USD Trade Paperback Carton Qty: 20

I Know You're in There: Winning Our War **Against Autism**

For parents of children with autism and doctors treating autism, this groundbreaking guide will give you the tools to help your child.

There was something wrong with Ryan. His parents knew it before the psychiatrist predicted he would end up in an institution. Ryan was diagnosed with autism at age fo...





9781949846454 Pub Date: 1/4/22 \$16.99 USD Hardcover Paper over boards Carton Qty: 36

The Sun Also Rises: Deluxe Illustrated Edition

New illustrations catapult this timeless classic by Ernest Hemingway into the twenty-first century with vigor.

For nearly a century, The Sun Also Rises has endured as one of Hemingway's masterworks, and is widely regarded as a prime example of the great American writer's pioneering style and form. Hi...





9781949846461 Pub Date: 1/4/22 \$4.99 USD Trade Paperback Carton Qty: 40

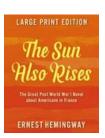
The Sun Also Rises

A handsome value edition of the timeless classic by Ernest Hemingway with a new foreword by Robert Wheeler,

Hemingway enthusiast and author of Hemingway's Paris

For nearly a century, The Sun Also Rises has endured as one of Hemingway's masterworks, and is widely regarded as a prime example of the gre...





9781949846478 Pub Date: 1/4/22 \$6.99 USD Trade Paperback Carton Qty: 36

The Sun Also Rises: (LARGE PRINT EDITION) *LARGE PRINT*

A value edition of the timeless classic by Ernest Hemingway.

For nearly a century, The Sun Also Rises has endured as one of Hemingway's masterworks, and is widely regarded as a prime example of the great American writer's pioneering style and form. His first major novel explores powerful...





9781510769526 Pub Date: 1/11/22 \$19.99 USD Trade Paperback Carton Qty: 24

Conflicts of Interest In Science: How Corporate-Funded Academic Research Can **Threaten Public Health**

30+ Years of Peer-Reviewed Studies on the Corporate Ties and Vested Interests that Influence Scientific Research

For over 500 years, groups and organizations with political, economic, and personal interests have successfully exercised influence on the pursuit of scientific inquiry and knowledge. Hist...





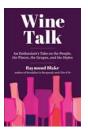
9781510745032 Pub Date: 1/11/22 \$24.99 USD Trade Paperback Carton Qty: 30

Shooter's Bible Guide to Shotgun Sports for Women: A Comprehensive Guide to the Art and Science of Wing and Clay Shooting

Whether they're beginners or seasoned shooters, women need to know some subtle (and not so subtle) differences to excel in-and enjoy-the shotgun sports.

Ladies are not built like men. They don't think like men. Women don't react, move, or process life like men. And they don't shoot like men. Firearms...





9781510767027 Pub Date: 1/18/22 \$24.99 USD Hardcover Carton Qty: 24

Wine Talk: An Enthusiast's Take on the People, the Places, the Grapes, and the Styles

In Wine Talk, seasoned wine professional Raymond Blake, who has been writing about wine for twenty-five years, caters to those who want to drink their wine without ceremony but with some engagement. For those who have been put off by highfalutin terminology and forbidding ritual. For those who want ...





9781510762268 Pub Date: 1/18/22 \$19.99 USD Hardcover Carton Qty: 24

1,001 Home Remedies: Tips & Tricks for Natural Health & Beauty

Simple, practical, and inspiring tips, recipes, and wellness advice.

This practical and inspiring little book offers over 1,000 wellness tips for boosting your immune system, caring for burns and wounds, improving your complexion, reducing stress, and much more. Find simple and effective home remedie...



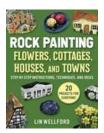


9781510769168 Pub Date: 1/18/22 \$22.99 USD Hardcover Carton Qty: 24

Already Whole: Discovering the Sacred Within

Many of us have made our lives so noisy, overwhelming, sensory craving and data driven that we have somehow missed the most fundamental part about ourselves and our lives. Learning how to work with every process, every situation, every relationship intuitively; learning to love what is, to let go, t...





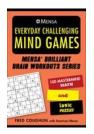
9781631586583 Pub Date: 1/18/22 \$14.99 USD Trade Paperback Carton Qty: 16

Rock Painting Flowers, Cottages, Houses, and Towns: Step-by-Step Instructions, Techniques, and Ideas-20 Projects for Everyone

Perfect for kids and crafters, this fun guide will teach you how to paint flowers, cottages, houses, and towns on stones!

New painters wanted! No experience necessary! With Lin Wellford's instruction, thousands have discovered the thrill of turning rocks into works of art. Her bestselling books





9781510766877 Pub Date: 1/18/22 \$14.99 USD Trade Paperback Carton Qty: 36

Mensa® Everyday Challenging Mind Games: 100 Mastermind Math and Logic Puzzles

Work your mind out daily to lower your brain age and hone your puzzling skills!

Created in collaboration with American Mensa®, these brand-new puzzles will truly test your noggin. Esteemed puzzler Fred Coughlin will walk you through how to solve each type of puzzle, complete with examples filled in, ...





9781510764651 Pub Date: 1/18/22 \$26.99 USD Trade Paperback Carton Qty: 20

The Weekly Vegan Meal Plan Cookbook: A 3-Month Kickstart Guide to Plant-Based Cooking

Deliciously Easy and Convenient Vegan Meal Plans to Make the Stresses of Dinner Planning Disappear!

Learn how to prepare creative vegan dishes with bold flavors in this how-to guide for conquering your kitchen. The Weekly Vegan Meal Plan Cookbook offers three months' worth of vegan meal plans with s...





9781510764859 Pub Date: 1/18/22 \$14.99 USD Trade Paperback Carton Qty: 20

Small Space Cooking: Simple, Quick, and **Healthy Recipes for the Tiny Kitchen**

Quick and delicious recipes perfected for even the smallest of kitchens!

With three feet of counter space, two pans, and one pot, author Hope Korenstein breaks down how to make satisfying meals no matter the size of your kitchen. Having cooked in small kitchens her whole life, Korenstein knows





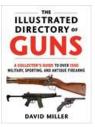
9781510755932 Pub Date: 1/18/22 \$17.99 USD Trade Paperback Carton Qty: 36

Training and Hunting Bird Dogs: How to Become a Better Hunter and Dog Owner

With lessons on dogs' desires, skills, and abilities to learn, care and feeding, health and safety, preparation, and shooting, Training and Hunting Bird Dogs is the ultimate guide to maximizing happiness and minimizing frustration whether out on the hunt or relaxing in the backyard.

"My dogs and I ge...





9781510756571 Pub Date: 1/18/22 \$24.99 USD Trade Paperback Carton Qty: 6

The Illustrated Directory of Guns: A Collector's Guide to Over 1500 Military, Sporting, and Antique **Firearms**

Written by a technical expert who has fired many of the guns featured, this book includes wide and varied assemblage of weapons from each of the world's major manufacturing countries.

The Illustrated Directory series provide readers with a fully illustrated, comprehensive reference book packed with t...





9781621537878 Pub Date: 1/18/22 \$29.99 USD Trade Paperback Carton Qty: 36

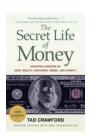
Principles of Web Design

Learn everything there is to know, from project planning through marketing and analytics, about Web design!

Principles of Web Design is a book about the fundamentals of clear graphic communication within the context of Web

Author Brian D. Miller is a sought-after expert in developing product a...





9781621538042 Pub Date: 1/18/22 \$19.99 USD Trade Paperback Carton Qty: 24

The Secret Life of Money: How Money Can Be Food for the Soul

For readers of The Psychology of Money, read the updated edition of this classic about the power and influence of money.

The Secret Life of Money leads readers on a fascinating journey to uncover the sources of our monetary desires and, by understanding why money has the power to obsess us, free ours...





9781510769441 Pub Date: 1/18/22 \$19.99 USD Trade Paperback Carton Qty: 24

Wolf: A Novel

In the Great Tradition of Herman Wouk, Author of Winds of War and War and Remembrance, Wolf is a Thoroughly Researched Historical Novel about a Man who is Not Yet a Monster . . . but Will Soon Become the Ultimate One: Adolf Hitler.

Perhaps no one is more controversial or more hated than Adolf Hitler....





9781510769472 Pub Date: 1/18/22 \$19.99 USD Trade Paperback Carton Qty: 28

Trained to Kill: The Inside Story of CIA Plots against Castro, Kennedy, and Che

Explosive account of the intrique, hit men, and Cuban exiles in the CIA's war to destroy Fidel Castro

Antonio Veciana fought on the front lines of the CIA's decades-long secret war to destroy Fidel Castro, the bearded bogeyman who haunted America's Cold War dreams. It was a time of swirling intrigue,...





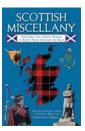
9781510769519 Pub Date: 1/18/22 \$24.99 USD Trade Paperback Carton Qty: 24

Healing Smoothies for Cancer: Nutrition Support for Prevention and Recovery

Fight cancer and help prevent recurrence with these 100 delicious, research-based smoothie recipes!

Over the last few years there has been a tremendous surge in research identifying the specific nutrients that have the ability to change the course of cancer. With a clearer understanding of the role t...





9781510769410 Pub Date: 1/18/22 \$19.99 USD Trade Paperback Carton Qty: 28

Scottish Miscellany: Everything You Always Wanted to Know About Scotland the Brave

Revel in the fun and fascinating explanations behind Scottish traditions and folklore-from William Wallace, Rob Roy, and MacBeth to golf, kilts, and haggis.

Here are the answers to questions you've always had—or never knew you had—and more as he covers all aspects of Scotland. From Scottish culture t...





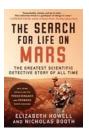
9781510769908 Pub Date: 1/18/22 \$19.99 USD Trade Paperback Carton Qty: 24

Rise of the Cajun Mariners: The Race for Big Oil

The story of four families of Cajun boatmen and their rise from trappers and shrimpers to mega-millionaires.

Rise of the Cajun Mariners documents an untold piece of American history—the beginnings of what is now the global, multibillion-dollar marine oil and gas industry. In addition, it gives an ins...





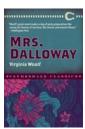
9781950994298 Pub Date: 1/18/22 \$17.99 USD Trade Paperback Carton Qty: 12

The Search for Life on Mars: The Greatest Scientific Detective Story of All Time

With a focus of the Perseverance rover mission, the "Quintessential account of one of humanity's most intriguing quests" (Pail Halpern, Medium), "A remarkable, timely, and up-to-date account of Mars exploration" (Leonard David, "Space Insider," Space.com).

From The War of the Worlds to The Martian a...



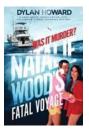


9781945186783 Pub Date: 1/18/22 \$5.99 USD Trade Paperback Carton Qty: 36

Mrs. Dalloway

"A revolutionary novel of profound scope and depth, about a day in the life of a woman who runs a few errands, sees an old suitor and gives a dull party. It's a masterpiece created out of the humblest narrative materials. . . . Woolf was one of the first writers to understand there are no insignific...





9781510755185 Pub Date: 1/25/22 \$24.99 USD Hardcover Carton Qty: 30

Natalie Wood's Fatal Voyage: Was It Murder?

A Hard-Nosed Investigation Into Hollywood's Most **Enduring Mystery**

For thirty-five years, it has been a riddle which has gripped the world. Part love story, part tragedy, it has all the elements of a Hollywood blockbuster: a beautiful actress, a handsome leading man, a brooding sidekick . . . and a





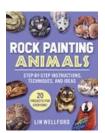
9781510761735 Pub Date: 1/25/22 \$16.99 USD Trade Paperback Carton Qty: 24

Urban Survival Guide: How City Dwellers Can Live Well, and Frugally, Even In Dire Times

Practical Guidelines to Resourceful City Living, Self-reliance, Emergency Preparedness, and **Getting More for Less**

A survival guidebook that reflects the world in which we now find ourselves. The post 9/11 world seems a bit more hostile, as terrorist threats and attacks are no longer a surprise. The G...





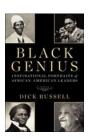
9781631586576 Pub Date: 1/25/22 \$14.99 USD Trade Paperback Carton Qty: 16

Rock Painting Animals: Step-by-Step Instructions, Techniques, and Ideas-20 Projects for Everyone!

Perfect for kids, crafters, and animal lovers, this fun guide will teach you how to paint your favorite wild animals and family pets on stones!

New painters wanted! No experience necessary! With Lin Wellford's instruction, thousands have discovered the thrill of turning rocks into works of art. Her b...





9781510767850 Pub Date: 1/25/22 \$16.99 USD Trade Paperback Carton Qty: 10

Black Genius: Inspirational Portraits of African-**American Leaders**

Intimate, in-depth portraits, interviews, and essays of America's black leaders—from the founding of the nation and Frederick Douglass to the 2008 presidential race and Barack Obama. Each figure is interconnected with the next, exploring themes of family and intergenerational community, spirituality...



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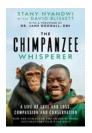
9781949102567 Pub Date: 1/25/22 \$14.99 USD Trade Paperback Carton Qty: 12

Realms of the Deathless: The High and Faraway, Book Three

"Greg Keyes has always been . . . a skilled storyteller."-Terry Brooks, New York Times bestselling author

The Curse shaped Aster's life from birth. At first, she believed her father was its only victim, and determined to save him from it. In doing so she learned that the Curse had stricken everyone i...





9781950994328 Pub Date: 2/1/22 \$27.99 USD Hardcover Carton Qty: 24

The Chimpanzee Whisperer: A Life of Love and Loss, Compassion and Conservation

A moving, heartwarming memoir about a conservation hero and real-life chimpanzee whisperer-now the subject of the award-winning documentary film Pant Hoot.

Stany Nyandwi's gift for communicating with chimpanzees is so special that world-renowned primatologist Dr. Jane Goodall has called him a "chimpa...





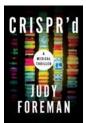
9781950994199 Pub Date: 2/1/22 \$26.99 USD Hardcover Carton Qty: 24

The Prince: A Novel

A modern retelling of The Golden Bowl by Henry James for fans of Sally Rooney and Kate Atkinson.

From their grand mansion on the Upper East Side to their magical private island in Long Island Sound, everything points to the Woodford family as being perfect and idyllic. Why, then, is there such tensi...





9781510769939 Pub Date: 2/1/22 \$26.99 USD Hardcover Carton Qty: 24

CRISPR'd: A Novel

For fans of Julia Buckley and Tess Gerritsen, a debut featuring a killer in plain sight using a microscopic murder weapon, the cutting edge gene-editing technology: CRISPR.

Boston geneticist Dr. Saul Kramer is on the cutting edge of genetic disease research. Revered among dients at his IVF





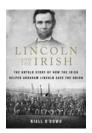
9781680997859 Pub Date: 2/1/22 \$12.99 USD Trade Paperback Carton Qty: 18

Peace of Mind Bible Word Search: Hope in **Jesus**

150 Large-Print Word Search Puzzles!

Peace of Mind Bible Word Search combines brain-building fun with the truths and promises of scripture. Thanks to large, boldface print, puzzle enthusiasts young and old can enrich their free time finding words from Bible verses that remind us of the hope we have i...





9781510766303 Pub Date: 2/1/22 \$17.99 USD Trade Paperback Carton Qty: 36

Lincoln and the Irish: The Untold Story of How the Irish Helped Abraham Lincoln Save the Union

From the founder of IrishCentral, a fascinating piece of Civil War history: Lincoln's relationship with the immigrants arriving in America to escape the Irish famine. "If you're a Lincoln fan like me, you'll love this book." -Liam Neeson

When Pickett charged at Gettysburg, it was the all-Irish Pennsy...





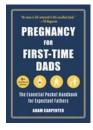
9781510768796 Pub Date: 2/1/22 \$19.99 USD Trade Paperback Carton Qty: 24

Raising Vegan Kids: Lessons for Littles in Plant-Based Eating and Compassionate Living

The definitive handbook to raising vegan children you've always wished you had.

Is bringing up a vegan baby unhealthy? Raising Vegan Kids is the ultimate vegan parenting manifesto that takes on this myth and answers all the other questions you've always wondered about—the vegan way. Raising ethically...





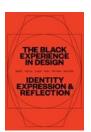
9781510769281 Pub Date: 2/1/22 \$16.99 USD Trade Paperback Carton Qty: 24

Pregnancy for First-Time Dads: The Essential **Pocket Handbook for Expectant Fathers**

There is more to life when your family is growing than What to Expect When You're Expecting. For the expecting dad, there is joy-and fear. Here is a helpful guide to prenatal care, exercise, sex, travel, pets, things to buy, paternity leave, and much more.

Your partner is pregnant, and by now you're ...





9781621537854 Pub Date: 2/1/22 \$19.99 USD Trade Paperback Carton Qty: 24

The Black Experience in Design: Identity, **Expression, & Reflection**

The Black Experience in Design spotlights teaching practices, research, stories, and conversations from a Black/African diasporic lens.

Excluded from traditional design history and educational canons that heavily favor European modernist influences, the work and experiences of Black designers have be...





ALD FARRINGTON SHARP

9781621537892 Pub Date: 2/1/22

\$14.99 USD Trade Paperback Carton Qty: 36

Settling Estates for Everyone: A Practical Guide and Action Plan to Handle Assets, Benefits, Taxes, Debts, Minors, and Much More

Learn how to prepare your estate and settle the estates of loved ones.

What needs to be done at the death of a loved one? There are four basic steps that must be followed. First is the arrangements for burial or cremation. Then the assets of the deceased have to be inventoried, followed by getting



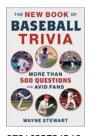


9781510769311 Pub Date: 2/1/22 \$19.99 USD Trade Paperback Carton Qty: 24

The Affirmative Action Puzzle: A Comprehensive and Honest Exploration of One of the Most Controversial Legal and Social Issues in **US History**

A rich, multifaceted history of affirmative action from the Civil Rights Act of 1866 through today's tumultuous times

From an acdaimed legal historian, a history of affirmative action from its beginning with the Civil Rights Act of 1866 to the first use of the term in 1935 with the enactment of the



9781683584346 Pub Date: 2/1/22 \$17.99 USD Trade Paperback Carton Qty: 36

The New Book of Baseball Trivia: More than 500 Questions for Avid Fans

A comprehensive trivia book that enables readers to compete as they answer questions!

In The New Book of Baseball Trivia, experienced baseball author Wayne Stewart includes 500 fun and engaging questions and answers on everyone's favorite former and active players and coaches. Readers are awarded a s...





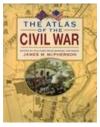
9781510747739 Pub Date: 2/8/22 \$16.99 USD Hardcover Paper over boards Carton Qty: 36

The Little Black Book of Fly Fishing: 201 Tips to Make You A Better Angler

An Advanced Course in Fly Fishing

The mission of The Little Red Book of Fly Fishing was to demystify and un-complicate the tricks and tips that make a great trout fisher. There are no complicated physics lessons in that book. Rather, The Little Red Book of Fly Fishing offered a simple, digestible pri...



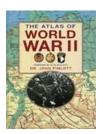


9781510756403 Pub Date: 2/8/22 \$24.99 USD Trade Paperback Carton Qty: 16

The Atlas of the Civil War

From the first shots fired at Fort Sumter in 1861 to the final dashes on the Road to Appomattox in 1864. The Atlas of the Civil War reconstructs the battles of America's bloodiest war with unparalleled darity and precision. Edited by Pulitzer Prize recipient James M. McPherson and written





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The Atlas of World War II

The Atlas of World War II traces the course of the conflict chronologically by showing each major campaign as a full-color map, further illustrated by archive action pictures. Skillfully bringing to life the human experience of war with eyewitness accounts of the struggle, this book presents





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A Diamond Dream: Final Book of the Jubilee Cycle

In a near future Tokyo, every action—from blinking to sexual intercourse—is intellectual property owned by corporations that charge licensing fees...

Risen from the ashes of bankdeath, Amon Kenzaki, fallen Liquidator and Xenocyst survivor, arrives at the forest from his dreams. He has fulfilled his pr...





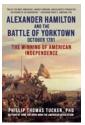
9781949846447 Pub Date: 2/15/22 \$14.99 USD Hardcover Carton Qty: 24

Irish Fairy Tales and Folklore

A classic collection of Irish fairy tales and lore by Nobel Peace Prize-winning author and poet W. B. **Yeats**

Originally published as two separate volumes in 1800s, this premier collection of Irish stories edited and compiled W. B. Yeats is the perfect gift for any lover of Irish literature





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Alexander Hamilton and the Battle of Yorktown, October 1781: The Winning of **American Independence**

Discover the little-known role Alexander Hamilton played in the decisive battle of the American Revolution: Yorktown.

Alexander Hamilton and the Battle of Yorktown, October 1781 is the first book in nearly two and a half centuries that has ever been devoted to the story of Alexander Hamilton's key co...





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George Washington and the Irish: Incredible Stories of the Irish Spies, Soldiers, and Workers who Helped Free America

Discover the untold story of the vital role the Irish played in the American Revolution.

George Washington changed the world and saved democracy by defeating the British during the American War of Independence. The Irish role in the American Revolution, the war for the ages, has never been correctly





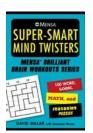
9781510769427 Pub Date: 2/15/22 \$29.99 USD Hardcover Carton Qty: 24

Sins of the Fathers: A Novel

In the tradition of Herman Wouk, author of Winds of War and War and Remembrance, the novel Sins of the Fathers is the thoroughly researched historical sequel to Wolf.

History hinged on a call as the German high command waited for Hitler's order to invade Czechoslovakia. That was the signal that would...





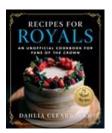
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Mensa® Super-Smart Mind Twisters: 112 Word, Logic, Number, and Reasoning Puzzles

Give your brain a boost and keep your mind young and sharp with these brand-new puzzles created in collaboration with American Mensa®!

Puzzle master David Millar is back with his smartest mind benders yet. With everything ranging from deduction and reasoning-based puzzles, symbol and logic twisters, ...





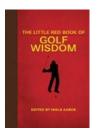
9781510768703 Pub Date: 2/15/22 \$19.99 USD Hardcover Paper over boards Carton Qty: 30

Recipes for Royals: An Unofficial Cookbook for Fans of the Crown-75 Regal Recipes

Delicious dishes inspired by Netflix's awardwinning hit The Crown.

Anglophiles, royalists, and binge watchers rejoice! Recipes for Royals is the culinary companion fans of The Crown have been clamoring for since the gripping historical drama first graced their television screens. Immerse vourself i...





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The Little Red Book of Golf Wisdom

The Little Red Book of Golf Wisdom is packed full of thoughtful and witty quotes on the game that has maddened, excited, and delighted generations of players and fans alike. Golfing legends, literary giants, celebrities, and politicians offer pithy and memorable comments on the sport that A. A. Miln...



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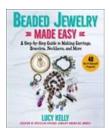
9781510768260 Pub Date: 2/15/22 \$16.99 USD Trade Paperback Carton Qty: 24

Food Storage for Preppers: A Week-By-Week Plan for Surviving An Apocalypse.

Do you think that you and your family are self-reliant? If an apocalypse occurs, will you be able to provide for them and keep them safe? Will you be able to survive?

The best way to prepare for the future is not through fancy tools, gadgets, or go bags—it's having the experience and knowledge that w...





9781510768321 Pub Date: 2/15/22 \$19.99 USD Trade Paperback Carton Qty: 36

Beaded Jewelry Made Easy: A Step-by-Step Guide to Making Earrings, Bracelets, Necklaces, and More

Everything you need to know about making beaded jewelry.

There's nothing quite like having the perfect piece of jewelry to complete an outfit. Now, imagine what it would feel like if you had the skills to create your own (because, let's face it, everyone loves jewelry)! Beaded Jewelry Made Easy shows...





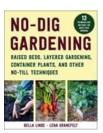
9781510768345 Pub Date: 2/15/22 \$29.99 USD Trade Paperback Carton Qty: 10

The Ultimate Prepper's Handbook: How to Make Sure the End of the World as We Know It Isn't the End of Your World

Are you prepared for the end of the world as you know it?

It can be all too easy to think of disaster as something that happens to others. But the world is a volatile place, and despite our best efforts we can quickly find ourselves in dangerous or even deadly situations. Proper preparation can ensu





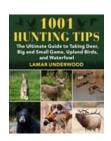
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No-Dig Gardening: Raised Beds, Layered Gardens, and Other No-Till Techniques

Discover how to create a weed-free, sustainable, abundant garden with the no-till gardening method!

The no-dig or no-till gardening method is an easy and climate-smart technique that is gaining in popularity and revolutionizing the gardening world. This book teaches you everything you need to start a...



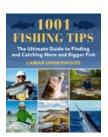


9781510766785 Pub Date: 2/15/22 \$14.99 USD Trade Paperback Carton Qty: 24

1001 Hunting Tips: The Ultimate Guide to Taking Deer, Big and Small Game, Upland Birds, and Waterfowl

No matter how skilled a hunter you are right now, novice or expert, 1001 Hunting Tips will make you better. Author and outdoorsman Lamar Underwood offers words of wisdom on this adrenaline-filled sport and has put together a timeless guide on how to improve your hunting techniques. Within these page...



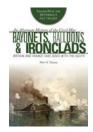


9781510766792 Pub Date: 2/15/22 \$14.99 USD Trade Paperback Carton Qty: 24

1001 Fishing Tips: The Ultimate Guide to Finding and Catching More and Bigger Fish

Ten percent of all anglers catch 90 percent of the fish taken. It's really true, and shows that as much as it is enjoyable, fishing can be frustrating when it comes to results. 1001 Fishing Tips is the book that will help any angler crack into fishing's elite successful 10 percent, the aroup that ca...





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Bayonets, Balloons & Ironclads: Britain and France Take Sides with the South

This fascinating third volume in the Britannia's Fist series will have you pondering how easily history could have been swayed differently.

Peter G. Tsouras presents the third installment in his Britannia's Fist alternate history series. The winter of 1863 had rung down a white curtain on the despera...





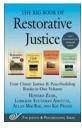
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The Fruit: A Novel of the Wrath & Athenaeum

Following The Root and The Tree, the Final Novel in the Wrath & Athenaeum, a Compelling Urban Fantasy Set in a San Francisco Merged with a **Dimension Filled with Gods and Magic**

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The four most popular restorative justice books in the Justice & Peacebuilding series-The Little Book of Restorative Justice: Revised and Updated, The Little Book of Victim Offender Conferencing, The Little Book of Family Group Conferences, and The Little Book of Circle Processes—in one affordable





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Springtime for Your Spirit: 90 Devotions of Hope, Joy & New Beginnings

Guaranteed to breathe new life into your walk with God, this 90-day devotional—with entries for March, April, and May-will reawaken your spirit through famous quotes, inspirational readings, meaningful prayers, and targeted scriptures.

Whether you're looking for those first signs of new life to burst...





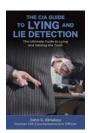
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The CIA Guide to Surveillance and Surveillance Detection: The Ultimate Guide to **Surreptitious Observation**

Have you ever thought you were being followed or watched? Have you ever needed to follow or observe someone and not be seen?

In the world of espionage, surveillance and surveillance detection are a way of life. It is the job of every CIA operations officer to make sure he or she is not under





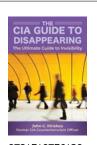
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The CIA Guide to Lying and Lie Detection: The Ultimate Guide to Lying and Getting the Truth

A foolproof guide both to lying and to detecting deception, The CIA Guide to Lying and Lie Detection will teach you how the pros can tell if and when somebody is lying.

People lie all the time. Studies show that the average American lies between six and twenty times a day. Most lies are of the "littl...





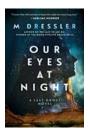
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The CIA Insider's Guide to Disappearing and Living Off the Grid: The Ultimate Guide to **Invisibility**

With an experienced CIA officer as your teacher, you'll gain the knowledge and necessary tools to protect yourself and the ones you love.

No matter where we go, we leave tracks and cues of our existence without even knowing. Our electronic footprint becomes our invisible trail. In this day in age whe...





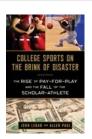
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Our Eyes at Night: The Last Ghost Series, Book

A spellbinding novel of the hunter and the hunted, defiance and survival, for fans of Jennifer McMahon and Simone St. James

In a climate-ravaged town in the remote Utah desert, a house remodels itself, a cemetery is rearranged, and an ancient valley is suddenly haunted by a glimmering visitor. Called...





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College Sports on the Brink of Disaster: The Rise of Pay-for-Play and the Fall of the Scholar-**Athlete**

Impelled by runaway spending and rampant corruption, America's much-beloved games of college basketball and football are being threatened. The specter of billion-dollar sums being showered on coaches, voracious athletic directors, hordes of support staff and lavish comforts for fans has led to a nea...





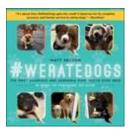
9781510769298 Pub Date: 3/1/22 \$29.99 USD Board Book Carton Qty: 24

Sammy Hagar's Cocktail Hits: 85 Personal **Favorites from the Red Rocker**

Toast to the good life with the Red Rocker's best cocktail recipes!

Sammy Hagar may be best known as the former frontman of the iconic band Van Halen. His fans know him as the Red Rocker and as the songwriter behind hits like $\ensuremath{^\mathtt{N}} I$ Can't Drive 55," "Right Now," and "Why Can't This Be Love." However, mu...





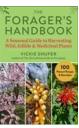
9781510767263 Pub Date: 3/1/22 \$12.99 USD Trade Paperback Carton Qty: 24

#WeRateDogs: The Most Hilarious and Adorable Pups You've Ever Seen

2018 Shorty Award winner for best Creative & Media animal content. Named "One of the Best Comedy Books" by Splitsider, "Over-the-top and hilarious." —Barkpost

Based on the Twitter and Instagram sensation, #WeRateDogs features the most heroic, over-the-top adorable, wildly successful, all-around enter...





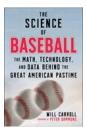
9781510767867 Pub Date: 3/1/22 \$22.99 USD Trade Paperback Carton Qty: 36

The Forager's Handbook: A Seasonal Approach to Harvesting Wild, Edible & Medicinal Plants

Learn the way of the forager and identify, harvest, and prepare wild plants by season.

Have you ever wondered what it would be like to gather wild plants growing around you for your food and medicine? Or to turn to nature to treat a common ailment instead of a drugstore? The Forager's Handbook is an ...



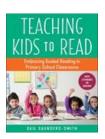


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The Science of Baseball: The Math, Technology, and Data Behind the Great American Pastime

In The Science of Baseball, sportswriter and injury expert Will Carroll shows how understanding the science behind the Great American Pastime helps fans appreciate its nuances and that it enhances, not detracts from the greatest game ever invented. Carroll, as well as several experts via interviews,...





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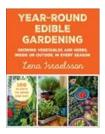
Teaching Kids to Read: Embracing Guided Reading in Primary School Classrooms

"A solid resource to help teachers understand the basic foundation for literacy development through guided reading in the primary grade." -Patti Ulshafer, first-grade teacher

Develop successful readers with these strategies for before, during, and after reading.

In Teaching Kids to Read, Gail Saunder...





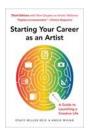
9781510769267 Pub Date: 3/1/22 \$14.99 USD Trade Paperback Carton Qty: 30

Year-Round Edible Gardening: Growing Vegetables and Herbs, Inside or Outside, in Every Season

Want to get home-grown spices in the middle of winter? Eat fresh vegetables in the spring? Sow in the summer to harvest in the fall?

Lena Israelsson's book, Year-Round Edible Gardening, is a practical guide for those who want to extend their growing season. And double, perhaps triple, their harvest. ...





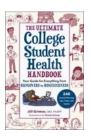
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Starting Your Career as an Artist: A Guide to Launching a Creative Life

An integral resource for aspiring artists, this third edition updates key pieces of the classic Starting Your Career as an Artist.

In this comprehensive manual, veteran art career professionals Angie Wojak and Stacy Miller show aspiring artists how to evaluate their goals and create a plan of action ...





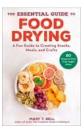
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The Ultimate College Student Health Handbook: Your Guide for Everything from Hangovers to Homesickness

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The Essential Guide to Food Drying: A Fun Guide to Creating Snacks, Meals, and Crafts

Move beyond dried apricots and jerky into an amazing world of healthy and delicious dried foods!

This ultimate food drying resource has something for everyone: vegetarians, natural and raw food enthusiasts, hunters, fishermen, gourmet cooks, gardeners, and hikers. Children will love the yummy fruit ...





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They Did Bad Things: A Thriller

And Then There Were None meets The Last Time I Lied in this dark and twisty psychological thriller-now in paperback

In 1995, six university students moved into the house at 215 Caldwell Street. Months later, one of them was found dead on the sofa the morning after their end-of-year party. His death w...





9781510767751 Pub Date: 3/1/22 \$14.99 USD Trade Paperback Carton Qty: 10000 The Science of Minecraft: The Real Science Behind the Crafting, Mining, Biomes, and More!

Discover the science behind the Minecraft phenomenon!

With more than 200 million units sold, Minecraft is the undisputed bestselling video game of all time. Since it first launched, the game's groundbreaking mix of open-world exploration, creative construction, and stunningly simple graphics have ke...





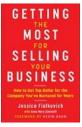
9781510759961 Pub Date: 3/8/22 \$24.99 USD Hardcover Carton Qty: 36

Stories from the Stoop: A Memoir of the 1960s

The Outsiders meets This Boy's Life, in this comingof-age memoir about growing up in the Bronx during the 1960s among racial tension, street violence, and trouble at home.

Growing up in the 1960s in a troubled Bronx neighborhood, the stoop outside the apartment was a gathering place, a safe haven, a...





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Getting the Most for Selling Your Business: How to Get Top Dollar for the Company You've **Nurtured for Years**

Practical steps to sell your small business for the best price!

There are many reasons entrepreneurs may want to sell their company. You could be looking for the next opportunity, or you may need to sell for personal reasons. Perhaps you've worked long and hard and are ready to retire. Whatever your ...



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Vax-Unvax: What Does the Science Say?

Based on over sixty studies in the peer-reviewed literature that consider vaccinated versus unvaccinated populations. Each of these studies is analyzed and put in context of the difference in health outcomes of vaccinated versus unvaccinated infants, children, and adults. Given the massive push to ...





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The Promise of the Pelican

For fans of Harper Lee and Rita Mae Brown, Roy Hoffman's new novel is steeped in a sense of place--coastal Alabama--with its rich tapestry of characters caught in a web of justice not for all.

Early Praise for The Promise of the Pelican:

"Roy Hoffman has written a fast-paced, mesmerizing and incredibl...



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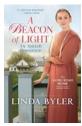
9781510765887 Pub Date: 3/15/22 \$26.99 USD Hardcover Carton Qty: 18

Voice Lessons: Find Your Brand's Message

Join one of the best-known figures in branding on a journey of how to develop your brand voice in the digital age.

Sadly, the majority of brand messages fail to achieve the most essential tasks of communication. They lack clarity. They pose conflicting messages. They often don't even pay lip service ...





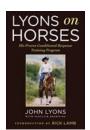
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Beacon of Light: An Amish Romance

The second book in The Long Road Home series, a unique and gripping Amish romance trilogy set in the South at the turn of the century.

At the end of Banished, Clinton has died and May is left to fend for herself in a city where she knows almost no one and has no way of earning a living. Not knowing w...





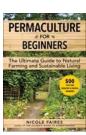
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Lyons on Horses: John Lyons' Proven **Conditioned-Response Training Program**

An essential guide to horsemanship from "America's Most Trusted Horseman"

With almost three decades of experience as a horse trainer/instructor, John Lyons has become known as "America's Most Trusted Horseman." With a special dedication to horses and horse owners, his concepts have influenced every I...





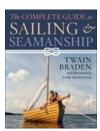
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Permaculture for Beginners: The Ultimate **Guide to Natural Farming and Sustainable Living**

Take your garden to the next level—organic, native, and natural!

Permaculture is an important but often misunderstood method of growing food and building homes in a manner that works with nature, rather than against it, to create beautiful, healthy, and useful gardens. Blending ecology, organic agric...





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The Complete Guide to Sailing & Seamanship

An illustrated sailing guide for beginner and expert alike--newly updated!

The Complete Guide to Sailing& Seamanship is the perfect blend of captivating sea stories and essential, basic instructional methods for anyone yearning to sail. Topics include seamanship and boat handling, anchoring and





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Screen-Free Family Activities: Things to Do Together at Home, around Town, and in Nature

365 activities for play and adventure without screens: having fun with your family and without technology is possible!

Children spend a lot of time with their screens, and while it's true that there are many alternatives to screen-time, many modern parents don't know where to look for these opportuni...





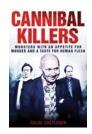
9781510771000 Pub Date: 3/15/22 \$19.99 USD Trade Paperback Carton Qty: 8

FAR/AIM 2022: Up-to-Date FAA Regulations / Aeronautical Information Manual

All the Information You Need to Operate Safely in **US Airspace, Fully Updated**

If you're an aviator or aviation enthusiast, you cannot be caught with an out-of-date edition of the FAR/AIM. In the newest edition of the FAR/AIM, all regulations, procedures, and illustrations are brought up to date to ref...



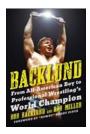


9781510769892 Pub Date: 3/15/22 \$14.99 USD Trade Paperback Carton Qty: 24

Cannibal Killers: Monsters with an Appetite for Murder and a Taste for Human Flesh

Cannibalism is perhaps the most repugnant of all crimes against human beings. It has long been a taboo subject, with even the tabloid press shying away from publishing precise details of cannibal crimes. When Albert Fish kidnapped, killed, and consumed ten-year-old Grace Budd in New York in 1928, he...





9781683584445 Pub Date: 3/15/22 \$19.99 USD Trade Paperback Carton Qty: 24

Backlund: From All-American Boy to Professional Wrestling's World Champion

Bob Backlund began life as a poor farm boy in the little village of Princeton, Minnesota, with a population of just over 2,000 people. He was a below-average student with a lackluster work ethic and a bad attitude, who hung with the wrong crowd and made a lot of bad choices. He was a kid whose life ...



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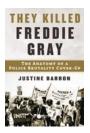
9781631586545 Pub Date: 3/22/22 \$13.99 USD Trade Paperback Carton Qty: 24

World Famous Tales: Includes 8 Titles: Alice in Wonderland, Beauty and the Beast, Heidi, The Jungle Book, Peter Pan, Pinocchio, Puss in Boots, and Snow White

Contains 8 classic titles at a value price, including:

- Alice in Wonderland
- Beauty and the Beast
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- Peter Pan
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Introducing a new series from Racehorse for Young



9781950994250 Pub Date: 4/5/22 \$27.99 USD Hardcover Carton Qty: 24

They Killed Freddie Gray: The Anatomy of a Police Brutality Cover-up

Based on new evidence and deep reporting, the riveting truth about a case that has become a touchstone in the struggle for racial justice and Black lives.

They Killed Freddie Gray exposes a conspiracy among Baltimore leaders to cover up what actually happened to Freddie Gray, who was fatally injured ...





9781510763241 Pub Date: 4/5/22 \$22.99 USD Hardcover Carton Qty: 18

Intensive Grandparenting: The New Normal of Childcare

A New Way of Grandparenting Has Grandparents Stepping Up in a Way Previously Unknown.

Intensive Grandparenting investigates the "who, what, when, where, and why" of the most thorough and involved grandparents. These grandparents don't just show up at birthday parties and holidays. Many of them provid...



American Exception: Empire and the Deep State

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9781510769137 Pub Date: 4/5/22 \$29.99 USD Hardcover Carton Qty: 24

American Exception seeks to explain the breakdown of US democracy. In particular, how we can understand the uncanny continuity of American foreign policy, the breakdown of the rule of law, and the extreme concentration of wealth and power into an overworld of the corporate rich. To trace the evoluti...





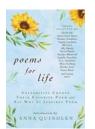
9781950994311 Pub Date: 4/5/22 \$26.99 USD Hardcover Carton Qty: 24

Hot Time: A Novel

For fans of The Knick, The Alienist, and The Last Days of Night, an entertaining, atmospheric, and viscerally exciting thriller set in the Gilded Age.

New York, August 1896. A "hot wave" has settled on the city with no end in sight, leaving tempers short and the streets littered with dead horses fell...





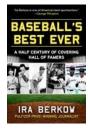
9781950994366 Pub Date: 4/5/22 \$16.99 USD Hardcover Carton Qty: 36

Poems for Life: Celebrities Choose Their Favorite Poem and Say Why It Inspires Them

Now available again, this enchanting collection of 50 great poems continues to inspire with pleasure and wonder-a perfect gift.

When a group of fifth-grade students asked fifty celebrities what their favorite poem was and why, the answers they received became a beautiful collection of some the world'...





9781683584452 Pub Date: 4/5/22 \$29.99 USD Hardcover Carton Qty: 24

Baseball's Best Ever

"Big-league baseball is subtle; cloaked in summer languor, moving with the slow, supple grace of a ballerina practicing backstage, yet taut and technical in its skills. To view a baseball game and appreciate it takes concentration."

So begins Baseball's Best Ever. Encompassing a selection of some on...





9781510749979 Pub Date: 4/5/22 \$22.99 USD Trade Paperback Carton Qty: 18

The Illustrated Encyclopedia of Survival

A Comprehensive Guide to Surviving Man-Made and Natural Disasters

Everything you need to know to prepare for the worst. Whether disaster arrives in the shape of fire, flood, hurricane or tornado, or as terrorist attack, biological threat, or economic collapse, The Illustrated Encyclopedia of Surviva...





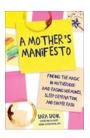
9781510767416 Pub Date: 4/5/22 \$16.99 USD Hardcover Paper over boards Carton Qty: 24

The Little Blue Book of Nurses' Wisdom

Nursing is an exceptional profession that will fill your heart and, at the same time, empty your tank.

Nurses work countless hours forming community bonds and forming lasting relationships. They impact the ones around them with their attention to detail, caregiving, and unwavering advocacy. Nursing t...





9781510768437 Pub Date: 4/5/22 \$19.99 USD Trade Paperback Carton Qty: 28

A Mother's Manifesto: Finding the Magic in Motherhood amid Raging Hormones, Sleep Deprivation, and Diaper Rash

In the gaping cracks between our mommyhood expectations and the messy reality, magic shines through.

So much legend, tradition, and everyday talk makes pregnancy out to be a magical experience. But there's no sparkle, no glitter and glamour when you need to pee 3,302 times per night or are struggling...





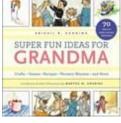
9781510768093 Pub Date: 4/5/22 \$19.99 USD Hardcover Paper over boards Carton Qty: 24

The Modern Witch's Guide to Natural Magick: 60 Seasonal Recipes & Rituals for **Connecting with Nature**

A magickal handbook for working with the cycles of nature through accessible recipes, rituals, and herbalism!

The natural world is composed of complex, intersecting, and overlapping cycles. We experience these cycles as the passing of the seasons, moon phases, and twelve constellations of astrology. ...





9781510768734 Pub Date: 4/5/22 \$19.99 USD Trade Paperback Carton Qty: 24

Grandma Loves Me: A Keepsake Book of Crafts, Games, Recipes, and Family Records

A beautiful, keepsake book packed with everything you need to make the most of the time with your grandkids.

Beautifully illustrated and chock full of everything you need to be a great grandparent, **Practically Perfect** Grandparenting is the perfect gift for grandpas and grandmas. In these pages you'll...





9781510768529 Pub Date: 4/5/22 \$17.99 USD Trade Paperback Carton Qty: 24

Baby and Toddler Meal Prep Plan: Batch Cook a Week's Nutritious Meals in Under 2 Hours

Save energy, time, and money, and stress less about feeding your baby so you can live more!

Let Baby and Toddler Meal Prep Plan show you step-by-step how to plan, shop, prep, cook, batch, and freeze a week's worth of healthy, nutritious meals for your child in less than two hours. The meal plans are...





9781510769274 Pub Date: 4/5/22 \$16.99 USD Trade Paperback Carton Qty: 36

Better After Baby: A New Mom's Guide to Self-Care & Reinvention from Pregnancy through the First Year

"Jill Simonian always manages to be totally honest, hysterically funny, and inspirational when she's talking about babies, parenting, and getting your mom groove back." - Rebecca Dube, NBC's TODAY Show parenting team editor

Bouncing back fast after having a baby is absolutely possible for every mom!





9781510767003 Pub Date: 4/5/22 \$14.99 USD Hardcover Paper over boards Carton Qty: 24

Connecting with Our Pets in Heaven: Interpret Signs from Animals in the Afterlife, Cope with Grief, and Heal

An A to Z guide of signs and symbols that show your best friends never really left your side.

In many cases, we don't choose pets to welcome into our family; they choose us. Or some divine intervention seems to bring us together. That mysterious but amazing bond is not broken when an animal leaves ou...







9781510760899 Pub Date: 4/5/22 \$17.99 USD Trade Paperback Carton Qty: 30

Fatigue and Dysautonomia: Chronic or Persistent, What's the Difference?

What causes chronic and persistent fatigue in so many people? How is it best prevented and treated? What can patients and physicians do to better understand this common medical issue?

Fatigue is an extremely common component of many physical and mental disorders, from anxiety and depression to heart ...



ANXIETY AND DYSAUTONOMIA



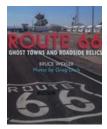
9781510760905 Pub Date: 4/5/22 \$17.99 USD Trade Paperback Carton Qty: 24

Anxiety and Dysautonomia: Do I Have POTS or **Autonomic Dysfunction?**

What causes anxiety to be so prevalent in so many people? How is it best prevented and treated? What can patients and physicians do to better understand this common medical issue?

Anxiety is a component of many physical and mental disorders, from depression to PTSD. Unfortunately, not many patients f...





9781510756632 Pub Date: 4/5/22 \$19.99 USD Trade Paperback Carton Qty: 20

Route 66: Ghost Towns and Roadside Relics Buckle Up and Get Your Kicks on Route 66.

Originally paved in the 1920s, the 2,451 miles of Route 66 have been a staple of the American Road Trip and have become an iconic thread running through the life, history, and culture of America. Spanning a total of eight states and stretching from Chicago a...





9781510756649 Pub Date: 4/5/22 \$24.99 USD Trade Paperback Carton Qty: 24

Steam Trains: A Modern View of Yesterday's Railroads

For train enthusiasts, model railroaders, and history buffs, hop aboard this tour of North American railroads, both great and obscure.

Few images speak as clearly of a time and a place as a dramatic black-and-white photograph of an American steam locomotive powering through that storied era of





9781631586903 Pub Date: 4/5/22 \$19.99 USD Trade Paperback Carton Qty: 24

Sea Glass Crafts: Find, Collect & Create Stunning **Projects Using the Ocean's Treasures**

Learn to make stunning crafts with these beautiful sea gems!

Sea glass is the beautiful result of broken glass being naturally polished and smoothed by the ocean's currents for extended periods of time. These beautiful jewels become weathered and frosted from abrasion and erosion in salt water, givin...





9781680997125 Pub Date: 4/5/22 \$19.99 USD Trade Paperback Carton Qty: 32

Mothering with Purpose Devotional: 90 Days of Encouragement for Moms on Mission with Jesus

What does it look like to be the kind of mother God has called you to be, and how can you be that woman?

God has a very important purpose for moms as we care for, connect with, and shepherd our child or children. But many days, just doing the bare minimum can feel overwhelming. When toys are strewn e...



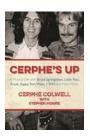


9781510757882 Pub Date: 4/5/22 \$14.99 USD Trade Paperback Carton Qty: 10000 The Science of Star Trek: The Scientific Facts Behind the Voyages in Space and Time

Boldly go where no man has gone before and discover the real science behind the cyborgs, starships, aliens, and antimatter of the Star Trek galaxy.

Star Trek is one of the highest-grossing media franchises of all time. It has changed our cultural landscape in so many ways since it first aired in 1966...





9781631440830 Pub Date: 4/5/22 \$22.99 USD Trade Paperback Carton Qty: 0

Cerphe's Up: A Musical Life with Bruce Springsteen, Little Feat, Frank Zappa, Tom Waits, CSNY, and Many More

Cerphe's Up is an incisive musical memoir by Cerphe Colwell, a renowned rock radio broadcaster for more than forty-five years in Washington, DC. Cerphe shares his life as a rock radio insider in rich detail and previously unpublished photographs. His story includes promotion and friendship with a yo...



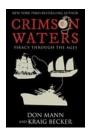


9781683584537 Pub Date: 4/12/22 \$19.99 USD Trade Paperback Carton Qty: 30

Dingers: The 101 Most Memorable Home Runs in Baseball History

From splitters to spitters; from a frozen rope to the suicide squeeze; from extra innings to no hitters, baseball is truly a great game. But nothing hypes up a crowd like a home run, a round tripper, a big bomb . . . the long ball! Hitting the ball out of the park is one of the greatest feats in bas...





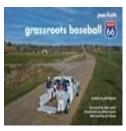
9781510754874 Pub Date: 4/19/22 \$26.99 USD Hardcover Carton Qty: 30

Crimson Waters: Piracy Across the Ages

A New York Times bestsellling author separates history from myth from the Pharaohs to Blackbeard and Captain Kidd to today.

Soon after the first maritime trade routes became operational, seafaring bandits appeared to prey upon the cargo, crews, and ships of others. Crimson Waters traces the history ...



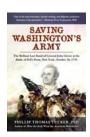


9781683584506 Pub Date: 4/19/22 \$60.00 USD Hardcover Carton Qty: 6

Grassroots Baseball: Route 66

Just as baseball is at the heart of America, so too is Route 66. This book is a photographic tribute to the national pastime along the artery that stretches from the shores of Lake Michigan, dose to where the Cubs play, to the Pacific Ocean at Santa Monica, where baseball memories and plavers aboun...





9781510769373 Pub Date: 4/19/22 \$26.99 USD Hardcover Carton Qty: 24

Saving Washington's Army: The Brilliant Last Stand of General John Glover at the Battle of Pell's Point, New York, October 18, 1776

Learn the little-known history of the forgotten American Revolution Battle of Pell's Point and the heroism of John Glover.

General William Howe and the mighty British-Hessian Army possessed the golden opportunity to cut-off, trap, and then destroy General George Washington's Army before he could retr...





9781631586620 Pub Date: 4/19/22 \$14.99 USD Hardcover Carton Qty: 24

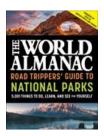
The Big Book of Dad Jokes: More Than 800 Unbearable, Groan-Inducing One-Liners, Puns, and Riddles to Make You the King of Subpar Comedy

Hundreds and Hundreds of Jokes that Will Drive Your Family Crazy

Nothing is more hilarious for moms, sons, and daughters than the bad jokes dads tell. (Well, at least he thinks they're hilarious . . .)

Have you ever noticed when you're out to dinner and your dad takes it upon himself to antagonize you...





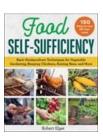
9781510768468 Pub Date: 4/19/22 \$26.99 USD Trade Paperback Carton Qty: 16

The World Almanac Road Trippers' Guide to National Parks: 5,001 Things to Do, Learn, and See for Yourself

From the #1 New York Times bestselling World Almanac comes a brand-new, full-color book celebrating the National Parks--"America's best idea"--and providing a valuable resource for first-time visitors and longtime park fans alike.

From the rugged, rocky coasts of Acadia to the geysers and hot springs...





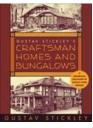
9781510768215 Pub Date: 4/19/22 \$16.99 USD Trade Paperback Carton Qty: 36

Food Self-Sufficiency: Basic Permaculture Techniques for Vegetable Gardening, Keeping Chickens, Raising Bees, and More

A practical back-to-basics guide to achieving food security and financial independence.

What if you could really raise or grow all the food your family needs? In this fully illustrated book, you'll learn to create an autonomous, diversified, and sustainable garden and to cultivate and maintain it fol...





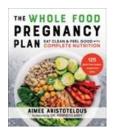
9781510768802 Pub Date: 4/19/22 \$19.99 USD Trade Paperback Carton Qty: 10

Gustav Stickley's Craftsman Homes and Bungalows

A remarkable collection of Stickley home designs.

In 1901, Gustav Stickley created the first uniquely American style of furniture and home design-known as Craftsman. A leader of the Arts and Crafts movement in homebuilding and a major influence on Frank Lloyd Wright, Stickley created home designs tha...





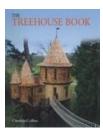
9781510768673 Pub Date: 4/19/22 \$22.99 USD Trade Paperback Carton Qty: 24

The Whole Food Pregnancy Plan: Eat Clean & Feel Good with Complete Nutrition

Get both mama and baby on track for a healthy, happy, and delicious life!

More and more studies show that the human body is not meant to digest the amount of processed wheat we've grown accustomed to. Whether you have Celiac disease or are simply trying to reduce your gluten intake, you are guarantee...





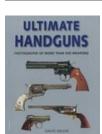
9781510756656 Pub Date: 4/19/22 \$24.99 USD Trade Paperback Carton Qty: 24

The Treehouse Book

The Treehouse Book is a global round-up of the best in modern treehouse living.

Tree houses have come of age. The image of a few planks nailed into the branches of a tree has changed into a new generation of specially designed and built structures, suitable as a playhouse, a study, or even a guestroo...





9781510756663 Pub Date: 4/19/22 \$24.99 USD Trade Paperback Carton Qty: 16

Ultimate Handguns: Photographs of More Than **Five Hundred Weapons**

The Ultimate Collector's Guide to 500 Handguns in **Full Color!**

Ultimate Handguns brings together five hundred classic examples, organized from A-Z by country and gunmaker's name, of handguns of all types, from the eighteenth to the twenty-first century, which makes it a serious reference book for coll...





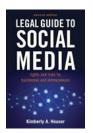
9781510756687 Pub Date: 4/19/22 \$24.99 USD Trade Paperback Carton Qty: 20

The Wild West Catalog

An essential addition to the shelves of all true aficionados of the Old West.

Catch the light glinting on the barrels of the Spencer rifles of the United States 7th Cavalry in 1868, as they ride out of Fort Riley on patrol in Kansas. Smell the intoxicating aroma of Chuck Wagon Stew, amidst the trail ...





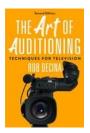
9781621537939 Pub Date: 4/19/22 \$19.99 USD Trade Paperback Carton Qty: 36

Legal Guide to Social Media, Second Edition: Rights and Risks for Businesses and Entrepreneurs

Learn how to navigate the ins and outs of the law and social media.

How should you respond to a request to remove copyrighted materials from a Facebook page? If you create a Twitter username at work, who owns the username when you change jobs? Can you be sued for libel if someone thinks your posts ar...





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The Art of Auditioning, Second Edition: **Techniques for Television**

Learn how to ace your acting audition from a top casting director!

CBS Studios Casting Director Rob Decina highlights the difference between the craft of acting and the business of auditioning, and how those two worlds meet in television. Included are proven-effective preparation techniques, indudin...





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Protecting Your Child from Sexual Abuse--3rd Edition: What You Need to Know to **Keep Your Kids Safe**

A guide that empowers and equips us with the right knowledge and concrete strategies to curb sexual violence on our children.

Sexual violence against our children is a real and everyday danger. Protecting them from the threat of sex predators is one of our top concerns and fears—for both parents and ...





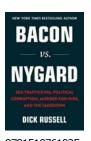
9781510769885 Pub Date: 4/19/22 \$17.99 USD Trade Paperback Carton Qty: 24

The Modern Day Gunslinger: The Ultimate **Handgun Training Manual**

"This book will save lives." -Dick Conger. An all-encompassing manual that addresses safety, equipment, tactics, and the best practices for all shooters, here is an all-encompassing book of use to every gun owner.

A result of twelve years of research, The Modern Day Gunslinger was written to meet the...





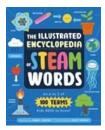
9781510761025 Pub Date: 4/26/22 \$24.99 USD Hardcover Carton Qty: 24

Bacon vs. Nygard: Sex-Trafficking, Political Corruption, Murder-for-Hire, and the Takedown

The inside story of how a reclusive American financier and his older brother took on a diabolical neighbor in the Bahamas who preyed on under-aged girls while seeking to control the government and allegedly enlisting hit-men to terrorize his adversaries.

There couldn't be a saga with such diametrica...





9781631586811 Pub Date: 4/26/22 \$12.99 USD Trade Paperback Carton Qty: 36

The Illustrated Encyclopedia of STEAM Words: An A to Z of 100 Terms Kids Need to

An illustrated STEM encyclopedia covering the top 100 words that kids need to know.

Do you know all about Atoms? Or what Bioluminescence is? Discover these terms and more in this illustrated STEM encyclopedia. Organized in alphabetical order and each concept beautifully illustrated with humor and cha...

